

NO SWEAT NATURE STUDY



Welcome Guide
& On-Demand Handbook

NoSweatNatureStudy.com



Welcome!

I'm so thrilled that you're here! This program is designed to make nature study easy, joyful, and meaningful for your entire family — on your schedule. Whether you move through the video library steadily or dip in now and then, you're using it exactly as intended.

In this busy homeschooling life, it's easy to feel like you have to "do it all." No Sweat Nature Study was created to support you, not add stress! Think of it as a flexible toolbox of learning opportunities. You get to choose the lessons and extras that work best for your unique rhythm.

Each class offers a beautiful blend of real science, nature journaling, and creative thinking — all designed to help your children (and you!) see the world with fresh, curious eyes. I'll guide your family through every lesson with encouragement, imagination, and a love for joyful learning.

Thank you for letting me be part of your homeschool journey. I'm so excited to learn and explore alongside you!

With joy,

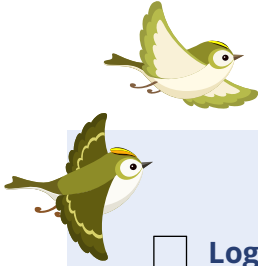
Mrs. Cindy

What you'll find in this guide:

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Let's get started!

Getting started is easy! Follow these simple steps to confidently explore nature-based science learning.



Would you like
a video tour?

[Click Here](#)

☐ **Log into the program dashboard**

Access everything you need — the video library, class activities, and printable planning resources — all in one place!

👉 [Go to the Dashboard](#)



☐ **Download and print parent planning materials**

[These optional printables](#) can help you plan ahead for learning.

☐ **Gather supplies**

Each child will need a nature journal (or blank, white paper), a pencil, colored pencils (or watercolors, chalk pastels, markers, crayons)

☐ **Explore the video library**

Hundreds of [recorded lessons are ready](#) whenever you are! Perfect for unit studies, interest-based learning, supplementing other science studies, or rainy days.

☐ **Watch for update emails**

I'll send you twice-monthly emails when new lessons are available. Important announcements are often included, so be sure to open and read the emails!

Meet your teacher!



Hi. I'm Mrs. Cindy — your Nature Study Guide!

I'm so excited to learn alongside your family!

I'm a veteran homeschool mom, a trained educator, and a passionate lover of all things nature and science. Over the last 20+ years, I've helped thousands of families discover just how meaningful, manageable, and joyful nature study can be.

No Sweat Nature Study LIVE was born out of a simple idea: that science education can be hands-on, creative, and absolutely delightful — even for busy families.

It's truly an honor to be part of your homeschool journey. I can't wait to spark wonder, encourage curiosity, and inspire deep thinking with your children!

A Little About Me

- Homeschool mom of three (now all graduated!)
- Master's Degree in Education
- Founder of Our Journey Westward and No Sweat Nature Study
- Advocate for hands-on, creative, and living education
- Believer in the power of nature to teach science meaningfully
- Enthusiastic about helping parents feel confident and capable

A Few of My Favorite Things

- 🌳 *Favorite Nature Walk Spot:* Wooded trails near a creek
- 🦎 *Favorite Science Topic to Teach:* Unique features of plants and animals
- 📖 *Favorite Way to Relax:* Reading a good book on the porch swing
- 🌸 *Favorite Season:* Spring

Service Agreement

A Quick Summary

- 👤 Enjoy 10 months of video-only access to 175+ recorded nature study science lessons
- 💻 Log in to your dashboard anytime to access lessons and resources
- 💳 One-time purchase only — no auto-renewal
- 📅 Access ends after 10 months — you'll receive a reminder before expiration
- 👥 Materials are for single-family use only — group use requires a group license

Key
Info
to
Know

All the
Legal
Details

Service Agreement for the No Sweat Nature Study Program

I. Introduction

A. Parties Involved: The service provider (Our Journey Westward, LLC) and the parent(s)/guardian(s) of the enrolled child(ren).

B. Purpose: This agreement outlines the terms and conditions for the No Sweat Nature Study On-Demand access for children.

II. Access Details

A. Description: No Sweat Nature Study On-Demand provides 10 months of video-only access to a library of more than 175 previously recorded, nature-based science classes. Each lesson includes nature journaling and optional enrichment resources such as nature walk ideas, hands-on activities, and kid-friendly research projects. High school extension projects are included for older or advanced learners. Live class access is not included with this version.

- B. Age Range: Lessons are designed for students in grades 1–8, with flexibility to accommodate a wide range of skill levels, including high school.
- C. Access Portal: Families can log in to their account at <https://ourjourneywestward.com/member-dashboard> to access the video library and additional learning resources.
- D. Program Length: Access begins on the date of purchase and continues for 10 months. Access will automatically expire at the end of the 10-month term. A reminder email will be sent prior to expiration, offering the opportunity to repurchase.

III. Payment Terms

- A. Access Fee: The full cost of the On-Demand program is paid in a one-time transaction. There is no subscription or automatic renewal.
- B. Payment Methods: Payment by parents must be made in full at checkout using a valid credit card or approved purchase method. For charter or ESA purchases, prepaid access codes or gift certificates may be used.
- C. Charter/ESA Purchases: Families purchasing through charter or ESA funds may select the appropriate prepaid option at checkout or submit receipts for reimbursement if self-paying.
- D. Purchase Orders: Purchase orders must be submitted through the proper portal or via email. Access will be granted upon receipt of the order.

IV. Refund Policy

- A. Refunds must be requested within 30 days of purchase and are subject to a 20% administrative fee. No refunds are granted after 30 days.

V. Intellectual Property Rights

- A. Ownership: All content (videos, printables, activities, journal prompts, and extension projects) is the property of Our Journey Westward, LLC.
- B. Usage: Materials are licensed for use by one family only. Group use requires the purchase of a group license. Sharing or reproducing the materials without express permission is prohibited.

VI. Privacy and Data Security

- A. Data Use: Basic account information is securely stored at OurJourneyWestward.com. Administrators have access solely for support and management.
- B. Payment Security: Credit card information is processed through a secure WooCommerce Stripe gateway.
- C. Data Removal: Families may request the removal of their personal data by emailing cindy@ourjourneywestward.com after their access period has ended.

VII. Technical Requirements and Support

A. Requirements: An internet connection and a compatible device (computer, tablet, or smartphone) are required to access the video library and download materials. A printer may be helpful to print the vocabulary word list, the only downloadable learning resource.

B. Support: Please troubleshoot common issues using internet searches or your device settings. If needed, contact cindy@ourjourneywestward.com for help.

VIII. Termination

A. Expiration: On-demand access ends automatically 10 months from the date of purchase. If desired, customers may repurchase a new access term.

B. Violation: Our Journey Westward, LLC reserves the right to revoke access without refund in the case of material sharing, breach of agreement, or misuse.

IX. Governing Law and Jurisdiction

A. Jurisdiction: This agreement is governed by the laws of the State of Kentucky, United States.

B. Disputes: Disputes shall be resolved first through mediation, and if necessary, arbitration in Kentucky.

X. Miscellaneous

A. Severability: If any provision is found to be invalid, the remainder of the agreement remains in effect.

B. Entire Agreement: This document constitutes the full agreement between the parties and supersedes all prior discussions.

XI. Effective Date and Agreement

A. Effective Date: This agreement is effective upon the date of purchase of On-Demand access. Purchase implies acceptance of these terms.

