

# NO SWEAT NATURE STUDY

## LIVE CLASSES FOR KIDS



### 2023 Schedule & Perks

#### Live Lessons

Two per month

Two 40-60 minute classes per month that include interactive, nature-based science lessons appropriate for children in 1<sup>st</sup>-8<sup>th</sup> grades.



#### Printable Packets

Preview, Review, or Extend the Lessons

Every live lesson includes an optional printable packet that gives a brief overview of the topic, a list of pertinent science vocabulary, at least one image of the topic for nature journaling, and a few fun and educational follow-up activities.



#### Plus

- 24/7 access to the complete library of recorded No Sweat Nature Study LIVE Lessons
- A go-along podcast episode to introduce the topic prior to each lesson
- 25% off all Our Journey Westward purchases for the duration of your membership

**Members receive a FREE curriculum download  
from the Our Journey Westward Shop each month, too!**

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# 2023 Monthly Class Topics

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Live classes meet the 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month at 2pm EST. All classes are recorded and placed in a video library for you to access at any time, so there's never a worry if you can't attend a live class. (\*This class will be on Wednesday, July 5<sup>th</sup> instead of Tuesday July 4<sup>th</sup>)

## January

3<sup>rd</sup> Wild Dogs & 17<sup>th</sup> Planets

## February

7<sup>th</sup> Wild Cats & 21<sup>st</sup> Sandstone

## March

7<sup>th</sup> Vernal Pools & 21<sup>st</sup> Salamanders

## April

4<sup>th</sup> Thunderstorms & 18<sup>th</sup> Strawberries

## May

2<sup>nd</sup> What's That Smell? & 16<sup>th</sup> Bees

## June

6<sup>th</sup> Garden Pests & 20<sup>th</sup> Brambles

## July

5<sup>th</sup> Seashore Animals\* & 18<sup>th</sup> Seashore Plants

## August

1<sup>st</sup> Night Bloomers & 15<sup>th</sup> Macroinvertebrates

## September

5<sup>th</sup> George Washington Carver & 19<sup>th</sup> Black Bears

## October

3<sup>rd</sup> Gliding Mammals & 17<sup>th</sup> Myriapods

## November

7<sup>th</sup> Beavers & 21<sup>st</sup> Nature Idioms

## December

5<sup>th</sup> Moose & 19<sup>th</sup> Redwood Trees

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## Testimonials

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*"We have enjoyed Cindy's classes for a while now and always learn something new. My two boys are loving the nature studies! They are excited to get outside to discover things after every class, too!"*

Jen, mom of 2

*"The nature studies we've done with Cindy have not only been very informative, but fun as well. I love how easy it is for my children to add to their nature journals!"*

Angela, mom of 6