

# NO SWEAT NATURE STUDY

## LIVE CLASSES FOR KIDS



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### 2022 Schedule & Perks

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#### Live Lessons

Two per month

Two 30-50 minute classes per month that include interactive, nature-based science lessons appropriate for children in 1<sup>st</sup>-8<sup>th</sup> grades.



#### Printable Packets

Preview, Review, or Extend the Lessons

Every live lesson includes an optional printable packet that gives a brief overview of the topic, a list of pertinent science vocabulary, at least one image of the topic for nature journaling, and a few fun and educational follow-up activities.



#### Plus

- 24/7 access to the complete library of recorded No Sweat Nature Study LIVE Lessons
- 25% off all Our Journey Westward purchases for the duration of your membership

Members receive a **FREE** curriculum download  
from the **Our Journey Westward Shop** each month, too!

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## 2022 Monthly Class Topics

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Live classes meet the 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month at 2pm EST. All classes are recorded and placed in a video library for you to access at any time, so there's never a worry if you can't attend a live class.

### January

4<sup>th</sup> The Tundra & 18<sup>th</sup> Polar Bears

### July

5<sup>th</sup> Shells & 19<sup>th</sup> Turtles

### February

1<sup>st</sup> Shadows & 15<sup>th</sup> Tree Bark

### August

2<sup>nd</sup> Berries & 16<sup>th</sup> Whales and Dolphins

### March

1<sup>st</sup> Numbers in Nature & 15<sup>th</sup> Wetlands

### September

6<sup>th</sup> Shapes in Nature & 20<sup>th</sup> Gregor Mendel

### April

5<sup>th</sup> Worms & 19<sup>th</sup> Soil

### October

4<sup>th</sup> The Harvest Moon & 18<sup>th</sup> Really Weird Plants

### May

3<sup>rd</sup> Camouflage & 17<sup>th</sup> Gastropods

### November

1<sup>st</sup> Mice & 15<sup>th</sup> Root Vegetables

### June

7<sup>th</sup> Herbs & 21<sup>st</sup> Crepuscular Animals

### December

6<sup>th</sup> Snowflakes & 20<sup>th</sup> Christmas Spices

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## Testimonials

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*"We have enjoyed Cindy's classes for a while now and always learn something new. My two boys are loving the nature studies! They are excited to get outside to discover things after every class, too!"*

Jen, mom of 2

*"The nature studies we've done with Cindy have not only been very informative, but fun as well. I love how easy it is for my children to add to their nature journals!"*

Angela, mom of 6