

NO SWEAT NATURE STUDY

LIVE CLASSES FOR KIDS



2021-22 Schedule & Perks

Live Lessons

Two per month

Two 30-50 minute classes per month that include interactive, nature-based science lessons appropriate for children in 1st-8th grades.



Printable Packets

Preview, Review, or Extend the Lessons

Every live lesson includes an optional printable packet that gives a brief overview of the topic, a list of pertinent science vocabulary, at least one image of the topic for nature journaling, and a few fun and educational follow-up activities.

Plus

- 24/7 access to the complete library of recorded No Sweat Nature Study LIVE Lessons
- 25% off all Our Journey Westward purchases for the duration of your membership

Members receive a **FREE curriculum download**
from the **Our Journey Westward Shop** each month, too!

2021-22 Monthly Class Topics

Live classes meet the 1st & 3rd Tuesday of each month at 2pm EST. All classes are recorded and placed in a video library for you to access at any time, so there's never a worry if you can't attend a live class.

August

3rd Forest Fires & 17th Mosses

February

1st Shadows & 15th Tree Bark

September

7th Henry David Thoreau & 21st Landforms

March

1st Numbers in Nature & 15th Wetlands

October

5th Owls & 19th Carnivorous Plants

April

5th Worms & 19th Soil

November

2nd Volcanoes & 16th Legumes

May

3rd Camouflage & 17th Gastropods

December

7th Predators/Prey & 21st Reindeer

June

7th Herbs & 21st Crepuscular Animals

January

4th The Tundra & 18th Polar Bears

July

5th Shells & 19th Turtles

Testimonials



"We have enjoyed Cindy's classes for a while now and always learn something new. My two boys are loving the nature studies! They are excited to get outside to discover things after every class, too!"

Jen, mom of 2

"The nature studies we've done with Cindy have not only been very informative, but fun as well. I love how easy it is for my children to add to their nature journals!"

Angela, mom of 6