

No Sweat Nature Study

Live Classes for Kids



2019-2020 Schedule & Perks

Live Lessons

Two per month

Two 30-60 minute classes per month that include interactive, nature-based science lessons appropriate for children in 1st-8th grades.



Printable Packets

Preview, Review, or Extend the Lessons

Every live lesson includes an optional printable packet that gives a brief overview of the topic, a list of pertinent science vocabulary, at least one image of the topic for nature notebooking, and a few fun and educational follow-up activities.

Plus

- 24/7 access to the complete library of previous No Sweat Nature Study Live Lessons
- 20% off all Our Journey Westward purchases for the duration of your membership

Members receive free access to the entire series of digital No Sweat Nature Study curriculum, too!

2019-2020 Monthly Class Topics

Live classes meet the 1st & 3rd Tuesday of each month at 2pm EST. All classes are recorded and placed in a video library for you to access at any time, so there's never a worry if you can't attend a live class.

October

Cattails & Photosynthesis

April

Erosion & Riparian Zones

November

Squirrels & Seed Dispersal

May

John James Audubon & Bioluminescence

December

Lichen & Christmas in Nature

June

The Color Wheel in Nature & Caves

January

Winter Birds & Sedimentary Rocks

July

The Water Cycle & Bird Nests

February

Hibernation & Pinecones

August

Hopping Insects & Night Views

March

Stinky Critters & New Growth in Nature

September

Vines & Patterns in Nature

Testimonials



"The nature studies we've done with Cindy have not only been very informative, but fun as well. I love how easy it is for my children to add to their nature journals!"

Angela, mom of 6

"We have enjoyed Cindy's classes for a while now and always learn something new. My two boys are loving the nature studies! They are excited to get outside to discover things after every class, too!"

Jen, mom of 2

Members always receive 20% off in the Our Journey Westward Shop!